# mitoFAQs

#### mitoFact #1

**True or False:** 1 in 4000 people are predicted to have a primary mitochondrial disease?



#### mitoFact #3

What are mitochondria?



The powerhouse of the cell, where energy is made!

#### mitoFact #2

What percentage of our body's energy is made by mitochondria?

90%

#### mitoFact #4

**True or False:** Mitochondrial disease can only by diagnosed in children.

**X** False!

Mito can be diagnosed at any age!



## MitoCanada is Energizing Lives!

MitoCanada brings together Canadians impacted by mitochondrial disease by providing education, support, research, and opportunities for connection.



#### MitoCanada:

- develops education and support programs
- raisies public and healthcare awareness for Canadians living with, or at risk of developing, mito and,
- invests in patient-focused, transformational research

### Discover the power of mitochondria.

Scan the QR code to discover how MitoCanada is supporting Canadians living with mito and working toward a future powered by healthy mitochondria.

Visit us online to learn more and get involved!

