

# **Mit@Scholars**

Empowering youth living with mitochondrial disease to focus on their academic futures.

Energizing Lives!

mit@canada

# MitoScholar Essay Components

Below you will find all the details you will need to write your MitoScholar scholarship essay

Your essay should highlight the following elements:

### **Personal and Academic Goals:**

- Describe your academic and career aspirations
- How will this scholarship help you achieve your goals?

## **Living with Mitochondrial Disease:**

- Share your personal experience with mitochondrial disease, including your diagnosis and how it has affected your daily life
- How has your condition influenced your perspective on education, career aspirations, and personal resilience?
- What challenges have you faced in your academic journey due to mitochondrial disease, and how have you adapted or overcome them?

#### **Resilience and Strength:**

• Can you share a time when you faced a significant challenge? How did that experience shape who you are today and influence your goals for the future?

#### **Scholarship Impact:**

- How would receiving this scholarship support your educational journey and overall well-being?
- How do you hope to give back to the mito community or raise awareness about mitochondrial disease in the future?

Your essay should be typed using Calibre 11-point font, single-spaced and **cannot exceed 750** words.

