



Give more. Save more. Do more.

The many benefits of donating Gifts of Securities

Donating a Gift of Securities (GOS) is just like donating cash but better – for you, for MitoCanada, and for the MitoCommunity we all want to support. This giving solution is an absolute **WIN-WIN-WIN**. When you donate appreciated securities, you....

- **help MitoCanada** while reaping the benefits of Canada's generous charitable tax credit system
- **pay less tax** because Capital Gains Tax is eliminated with appreciated GOS. This means you can donate more than if you sold the investment and then donated the cash proceeds.
- **get your tax receipt immediately** for the fair market value (FMV) of the appreciated security on the date it is received*

What you can donate:

- publicly listed securities listed on markets like the TSX and global markets, bonds, or mutual funds

We've made donating gifts of securities easy.

The process goes like this....

- you provide your information as well as details about your broker or holding institution and on the securities you wish to donate through our secure on-line form
- securities are transferred to our trusted partner, CanadaHelps for processing
- CanadaHelps liquidates your stocks
- a tax receipt for the full fair market value is issued to you
- funds are sent to MitoCanada to support our programs, education, awareness and research initiatives

If you have any questions, please reach out to us at Info@MitoCanada.org. Thank you.

*For donations made before the end of the calendar year, tax credits can be applied against taxes in the current year or carried forward for up to 5 years. Donation tax credits claimed can't exceed 75% of person's net income in a taxation year OR exceed 100% of their terminal return or the return for the taxation year preceding their death.

**CanadaHelps is managing the Gifts of Securities donated to MitoCanada. We trust CanadaHelps to work ethically, efficiently and in a manner that complies with all CRA regulations.

We encourage you to consult with your financial advisor on donations of this kind. Thank you.