

Richelle Love



“ The MitoCommunity inspires me and gives me strength. I am honoured to be able to support those families in a small way and bring my energy to this event! ”

Greetings!

Last weekend's MitoSpin was an incredible success and beyond inspiring. Participants worked hard to earn their donations while our incredible MitoMotivators provided inspiration and energy! Whether you were a donor, participant, MitoMotivator or sponsor, please know how much you are appreciated.

MitoSpin raised a record \$80,000+

and donations are still being made! These funds will be dedicated to fulfilling our vision of ensuring all lives are powered by healthy mitochondria and supporting the MitoCommunity through our critical education, awareness and research programs.

We'd like to thank our fundraisers and their donors for their incredible support. **Our top Fundraising Teams** were Lumio, Qualico, Pursuit Spin Club, CIBC Wood Gundy Freewheelers and MitoEnergy. **Our Top Individual Fundraisers** were Blaine Penny, Bonnie Procyshyn, John Savoie and Joshua Nederveen.

While we all WIN when supporting MitoCanada, we had some fabulous prizes donated for our donors and participants that made giving more exciting and rewarding. Thank you to Swoop Airlines, IMPACT Magazine and Stay Above Nutrition for your generous donations and congratulations to our winners....

Bonnie Hansen from Manitoba won a **Stay Above Nutrition** Gift Pack worth \$300. Bonnie says, "We are happy to be involved with everything MitoCanada is doing and to support however we can."



Complete Health & Wellness Package

including nutritional supplements that are **built & backed by science**

Provided courtesy of



\$300

Retail Value

Katie Bock from Alberta won the Head-to-Toe Apparel and Stryd Power Meter Gift Basket that was donated by **IMPACT Magazine**. Katie says, "It's always great to support great causes. Our family has been supporting MitoCanada

and MitoSpin for a while.”



Head-to-Toe Sports Gear Package

Including a Stryd Power Meter and apparel

Provided courtesy of **IMPACT** MAGAZINE

\$500

And our **Grand Prize Winner** of a round trip ticket for 2 anywhere **Swoop** flies was won by **Karla Hook** who says, “I have been supporting and volunteering with MitoCanada for many years already. I look forward to traveling using this voucher.”



Fundraiser Appreciation



2 Round Trip Tickets from anywhere Swoop Flies

\$1000



You can still donate to MitoSpin until March 10

Thank you **mitospin** 2022 Sponsors

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We look forward to welcoming you in 2023 when we present

mito⚙️spin ²⁰²³

Energizing Lives!



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