## Faces of Mito

## BARB'S STORY | So strong. So kind.

Grandmother of eight, mother of six, retired teacher, Barb spent years with many nonspecific energy and digestive issues and elevated hepatic markers.

Mitochondrial disease is extremely complex. Getting a diagnosis is just one of the many difficulties.

It took over five years to receive a diagnosis of mitochondrial adrenal dysfunction, which affects her ability to get through the days with strength and energy, and maintain strength and weight. As a runner in her younger years, and a lifelong walker and hiker, this has been very hard, but with her family's support, she is facing every day like the champion she is.

Help us bring hope to Barb and others looking for an early diagnosis.

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