

# MitoCanada

June 14<sup>th</sup>, 2019



- All money raised directly supports MitoCanada
- Admin costs are donated by IHS Markit (official tournament sponsor)
- **Registration deadline is May 1, 2019**

The Annual Charity Ball Hockey Tournament was founded by IHS Markit in 2015 to replace the yearly participation in the Cassie Campbell Street Hockey Tournament, which saw its last puck drop in 2014. In the four years that IHS Markit has sponsored this event they have raised over \$40,000 and growing. The fundraising goal this year is \$20,000 and 250 participants, including players, volunteers and spectators.



---

## Tournament Details

When: Friday June 14<sup>th</sup>, 2019

- Registration opens at 8:30am, games begin at 9am

Where: Vivo Centre (Vivo for Healthier Generations); 11950 Country Village Link NE

- Free parking available on site
- Accessible by public transportation

Timeline:

- The Ball Hockey Tournament is a full day event
- The first games being at 9am with the final round commencing approximately 3pm
- If teams do not make it to the final round, they are not required to remain at the tournament but encouraged to stay to participate in fundraising initiatives and spectate!

Game Schedule:

- Will be confirmed once all teams are registered
- Schedule details will be released prior to the tournament date

## Registration and Fundraising

Registration Fee: \$500 per team + donation to the fundraising raffle (suggested min. value of \$100)

To Register:

- Please email [calgarycorporatesustainabilityteam@ihsmarkit.com](mailto:calgarycorporatesustainabilityteam@ihsmarkit.com) to confirm your team name, contact information and details
- The Team Captain can register a team at: <http://mitocanada.org/2019ballhockey/>
- The Team Captain will be prompted to set up a team and individual fundraising page; the captain can donate the full \$500 fee or individual players can join the team and donate their portion (instructions are included on the <http://mitocanada.org/2019ballhockey/> site)

Included in Team Registration:

- Player pack; includes snacks, refreshments and swag!
- Lunch provided by Spolumbo's

Raffle Donation:

- Your raffle item will need to be available by June 7<sup>th</sup>
- Please drop off to IHS Markit offices or arrange to have it picked up by IHS Markit

We encourage teams to fundraise above the minimum registration fee. Family, friends and colleagues can also donate to your online team page.

Additional fundraising opportunities provided by the Tournament:

- Day of Events; fundraising concession, raffle, slapshot contest
- Ball Hockey Social\*: March 14<sup>th</sup>, 2019 at **Eighty-Eight Brewing Co.**
  - \$1 from every 15oz. beer will be donated to MitoCanada
  - Raffle: Win a Date with a Cop! Enter to win a ride-along with Calgary Police

\*this event is hosted by Eighty-Eight Brewing and is not affiliated or sponsored with IHS Markit\*

## Team Requirements

Team size:

- Minimum of 7 players to register, maximum of 12
- One female player is requested per team (this can be the goalie)

Uniform:

- We ask teams to wear the same coloured t-shirts (or as similar as possible)
- You may bring your own branded t-shirts if you have
- We recommend that teams bring an alternate colour t-shirt in case they play teams with similar colours

Equipment:

- We ask that you bring your own player's equipment if possible
- For those needing equipment, we will have a limited quantity available via our sponsor **2<sup>nd</sup> Chance Sports**
- Please let us know in advance if anyone requires equipment
- Helmets are not mandatory but encouraged!

Referees and scorekeepers will be provided by IHS Markit volunteers.

## Game Format

- Each game will have 4 on-court players per side plus a goalie
- Round robin games consist of two 15-minute periods with a 1-minute intermission in between
- Line changes are on the fly or at stoppages in play
- Each team will be guaranteed to play a minimum of 3 games; there will be a semi-final and a final game for the teams that advance
- The semi-finals and the Championship game will consist of three 10-minute periods with 2-minute intermissions
- Additional details and schedule will be provided in May 2019 once registration is complete

## Your Tournament Contact

For questions please contact:

Chelsea Ray: [calgarycorporatesustainabilityteam@ihsmarkit.com](mailto:calgarycorporatesustainabilityteam@ihsmarkit.com)



MitoCanada relies on the generous support of volunteers, donors, and partners to help fulfil their mission to transform the outlook for persons facing a diagnosis of mitochondrial disease/dysfunction.

Their mission is supported by a series of goals, which include:

- increasing public awareness of mitochondrial disease and dysfunction
- being Canada's resource for information and support for individuals, families and caregivers; and the clinical communities that serve them
- advancing research into the diagnosis, care, treatment and cure for mitochondrial disease
- creating and perpetuating a high functioning, resilient, and sustainable organization

**What is Mitochondrial disease?** Mitochondrial disease is a group of disorders caused by dysfunctional mitochondria – mitochondria that don't work properly. It can affect multiple systems in the body including the liver, kidneys, pancreas, brain and digestive tract. The eyes, inner ear, muscles and blood may also be affected.

There are currently over 220 illnesses associated with mitochondrial dysfunction, and the list is growing. Every 30 minutes, a child is born with mitochondrial disease and about 1 in 5,000 people has the disease. It can be inherited or acquired as a result of infections, medicines or other environmental factors.

Mitochondrial disease is difficult to diagnose because it affects different people in different ways. There may be as many as 5.5 million Canadian adults suffering from diseases in which mitochondrial dysfunction is involved. These include diabetes, diseases of the heart, kidney and liver, Alzheimer's, ALS, Parkinson's, autism, cancer, blindness, deafness, chronic fatigue, infertility and more. There is no cure for mitochondrial disease – yet.

For more information about MitoCanada and mitochondrial disease please visit us at: [mitocanada.org](http://mitocanada.org)

**Thank you for your support!**